



THE HONEY POT

£2 a day
Includes main meal,
dessert of the day, fresh fruit
or yoghurt
and a drink.

MENU - 22 February to 1 April 2010

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cheese & Ham Pizza Wedges Beans	Mild Chicken Curry Rice Naan Bread	Toad in the Hole Roast Potatoes Seasonal Veg	Spaghetti & Meatballs in Tomato Sauce Garlic Bread	Fish Fingers Chips Peas/Beans
Vegetarian Option	Cheese & Onion Pizza	Vegetable Curry	Veggie Toad in the Hole	Veggie Spag Bol	Veggie Pastie
2	Sausage Hash Browns Grilled Tomatoes Beans	Mild Chilli Con Carne Potato	Roast Chicken Roast Potatoes Seasonal Veg Yorkshire Puddings	Cheese & Onion Quiche (V) New Potatoes Beans/Salad	Breaded Fish Chips Peas/Beans
Vegetarian Option	Veggie Sausage	Veggie Mince	Quorn Fillet		Veggie Bakes
3	Chicken Burger Waffles Beans/Salad	Macaroni Cheese (V) Mixed Veg Or Salad Crusty Bread	Mince Beef & Onion Pie Roast Potatoes Seasonal Veg	Lasagne Garlic Bread Sweetcorn Or Salad	Fish Cakes Chips Peas/Beans
Vegetarian Option	Veggie Burger		Veggie Mince Pie	Veggie Lasagne	Veggie Nuggets

Freshly Prepared Bread, Fruit Juice, Milk & Salad Are Available Every Day

And don't forget the daily jacket potato option!